



RVSTC Newsletter

MAY 2010

www.roguevalleyswimandtennis.com

Frank's Court



Adjustments

You plan your day, you may even write it down. But, do you leave a little room to change up if your day does not go as planned? When you go out and play tennis, you should have a plan for what you would like to do. But, does your game allow for adjustments with your plan? Here's an example. Let's say you are a serve and volleyer in doubles, and your opponents are lobbing. How do you adjust to that within your game? An adjustment would be to place your serve to a different location. Also, have the server's partner stand back on the service line to start. That way, you can still serve and volley. These are examples of adjustments you would make from your game plan for your match. Knowing your serve has the skill of placement is part of having a diversified stroke that can be used to adjust to a specific situation. So, know your game style, and practice your techniques on strokes that promote your strategy. That way, you will have the ability to adjust and succeed with your game plan.

National Tennis Month!

RVSTC members, did you know that May is National Tennis Month? To help celebrate, the USTA is featuring a family membership for only \$68. Plus receive a free hat and youth racquet and ball starter kit when you sign up. Log on to www.usta.com for more information.

Upcoming USTA Home Matches



May 2nd

- 11:00am: 3.5 Men vs. Ashland
- 1:00pm: 3.0 Women vs. Eugene Swim and Tennis Club

May 8th

- 1:30pm: 4.0 Women vs. Ashland

May 15th

- 1:30pm: 4.0 Women vs. Eugene YMCA

May 22nd

- 2:00pm: 3.0 Women vs. Eugene Swim and Tennis Club

May 23rd

- 9:00am: 3.0 Women vs. Eugene Swim and Tennis Club
- 11:00am 3.5 Men vs. Ashland

May is the last month of regular season play so come out and root on the teams as they work toward play-offs!

More USTA News

“Want to play tennis in a league this summer that offers competition, flexibility, and fun? Then check out the One Doubles League where teams require just a minimum of two players (maximum of four). Teams also schedule their own matches at their convenience on the outdoor courts of their choice. Levels of play in the One Doubles League are 3.5, 4.0 and 4.5 in men's or women's divisions.” Go to www.pnw.usta.com and click on “League Tennis” for more info and to sign up.

Sign ups for USTA Jr. Team Tennis are open now. 18 & under, and 14 & under teams are forming in the intermediate "A" and "B" divisions. All teams (3 boys & 3 girls) must be registered by June 29th 2010. Contact Kevin Collier at (541) 706-6123 or Kevin@bendparksandrec.org.

Summer Open Tournament

August 13th-15th 2010

We are excited to announce that this year RVSTC will be partnering with the Jonathan Stark Kid's Fund during our open event. The open tournament will be used as a fundraiser and will help promote youth tennis in the valley. We have some exciting surprises and new ways for members to get involved this year. Stay tuned for more information!

Tournament Results

If you are participating in tournaments outside of RVSTC please be sure to let us know your results. We would love to include you in our monthly newsletter congratulations!



Gary Woodring – "Amber Seniors"
Finalist 70s doubles, 3rd place 70s
singles

High School Players

We would like to acknowledge the hard work and dedication of our high-school tennis players. Good luck in districts and state playoffs everyone!

Alex Carey	Mackenzie Jackson
Kelsey Frey	Emily Reeder
Matt Pronesti	Hannah Borg
Wil Cochrane	Camille Kimball
Eric Morse	Lidia Kimball
Jeff Morse	Jon Gerlick
Marina Todd	Katherine Toombs
David Tribble	Marc Card
Taylor Pena	Cody Cordes
Maddy Marcus	Cody Philips
Riley Finnegan	Delanie Finnegan

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